



## **Middle School Physical Education Teacher**

### **Job Title: Middle School Physical Education Teacher**

**Reports to:** Principal

#### **Job Purpose:**

The Middle School Physical Education Teacher will design and deliver engaging and dynamic physical education lessons for middle school students (grades 6-8) that promote physical fitness, sportsmanship, and healthy lifestyle habits. The role involves monitoring student progress, maintaining records, and collaborating with other school professionals, parents, and students to ensure a supportive, enriching learning environment. The teacher will also actively pursue professional development opportunities to enhance instructional practices and remain current on educational trends in physical education.

#### **Key Responsibilities:**

- **Curriculum Design and Delivery:**
  - Develop and implement lesson plans aligned with state and national physical education standards.
  - Create lessons that incorporate a variety of physical activities including fitness training, team sports, and individual skills, fostering both physical and personal growth in students.
  - Design age-appropriate lessons to address diverse learning styles, abilities, and interests, with an emphasis on student engagement and motivation.
- **Assessment and Progress Monitoring:**
  - Use various assessment methods to monitor student progress in areas such as physical fitness, sports skills, and team collaboration.
  - Regularly review student performance and adjust lessons as needed to ensure students meet personal and academic goals.
  - Provide regular, constructive feedback to students and parents to ensure continuous improvement.
- **Classroom and Activity Management:**
  - Foster a safe, respectful, and inclusive learning environment for all students.
  - Manage classroom behavior effectively, promoting positive interactions and teamwork.
  - Ensure that physical education equipment is used properly and that students are aware of safety protocols during physical activities.
- **Behavioral Support and Student Guidance:**
  - Actively engage in school-wide behavioral programs and provide guidance to students on building positive behavior, responsibility, and sportsmanship.
  - Offer individualized support to students in need, referring them to appropriate school personnel when necessary.
  - Track student behavior and academic progress, reporting concerns to school leadership when required.
- **Physical Education Environment:**
  - Create and maintain a well-organized, stimulating, and safe physical education space.



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- Be proactive in preparing materials, equipment, and spaces for each lesson to ensure a smooth, effective learning experience.
- Prepare for and supervise off-campus or outdoor activities, ensuring student safety and participation.
- **Emergency Preparedness:**
  - Participate in emergency drills and know school emergency protocols.
  - Ensure the safety of all students during physical education activities and intervene when necessary to prevent injuries.
- **Professional Development and Community Engagement:**
  - Stay up-to-date with best practices in physical education through ongoing professional development and training.
  - Actively participate in school events, including after-school programs, parent-teacher conferences, and community outreach efforts, to foster student well-being and engagement.
- **Additional Responsibilities:**
  - Assist in organizing school-wide events such as field days, tournaments, or fitness challenges.
  - Maintain and monitor the condition of physical education equipment.
  - Provide lesson plans and instructions for substitute teachers as needed.
  - Perform other duties as assigned by school leadership.

### **Qualifications:**

- Bachelor's degree in Physical Education, Health Education, or a related field.
- Valid Florida Teaching Certificate in Middle School Physical Education or eligibility to receive one.
- In-depth knowledge of motor skill development and adolescent physical fitness principles.
- Passion for promoting physical activity, wellness, and healthy living.
- Strong ability to develop and implement creative, inclusive lesson plans that meet the diverse needs of middle school students.
- Exceptional communication and interpersonal skills for effective collaboration with students, parents, and colleagues.
- Strong classroom management skills, with the ability to maintain order in a dynamic physical environment.
- Ability to differentiate instruction and adapt lessons for students with diverse needs, including those with special needs.

### **Knowledge and Skills:**

- Comprehensive understanding of the Florida Department of Education's physical education curriculum and national physical education guidelines.
- Knowledge of physical and motor skills development specific to middle school-aged children.
- Familiarity with health and wellness topics, including fitness, nutrition, and personal well-being.



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- Expertise in risk management, ensuring a safe physical environment.
- Strong classroom management and behavioral intervention skills.
- Ability to create engaging and developmentally appropriate lesson plans.

### Abilities:

- Ability to demonstrate personal fitness and serve as a role model for students.
- Motivational skills to inspire students to be active and develop a lifelong commitment to physical activity.
- Ability to adjust lessons to meet the individual needs of students and address a range of skill levels.
- Strong interpersonal skills for working effectively with students, parents, colleagues, and school leadership.
- Flexibility to handle unexpected situations and modify lessons as needed.

### Physical Requirements:

- **Mobility:** Ability to move, walk, run, bend, kneel, and climb stairs regularly.
- **Strength:** Ability to lift and carry physical education equipment (up to 50 pounds).
- **Stamina:** Ability to stand, walk, or sit for long periods of time throughout the school day.
- **Dexterity:** Ability to operate equipment, write on a board, and interact with technology effectively.